

A.B.Fruits Dried, Chilled & Frozen Products and Prices

Milk	Unit/Pack Size
Semi-Skimmed	2ltr
Full Cream	2ltr
Skimmed	2ltr
Semi-Skimmed	1ltr
Full Cream	1ltr
Skimmed	1ltr
Semi-Skimmed	1pnt
Full Cream	1pnt
Skimmed	1pnt
Semi Skimmed Pergal	3 Gallon
Full Fat Pergal	3 Gallon
Semi Skimmed Milk Thirds	189ml
Soya Milk	1ltr
Butter Milk PET	5ltr
Millac Milk Powder	2kg
UHT Semi Skimmed Milk Portions	100's
Cream	
Double	2.27ltr
Single	2.27ltr
Whipping	2.27ltr
Crème Fraiche	2kg
Sour Cream	2kg
Clotted Cream	1kg
UHT Clotted Cream Individual Portions	24 x 28gr Case
Cream Cheese	2kg
Cottage Cheese	2kg
Aerosol/Squirty Cream	500ml
Cream Cheese Philadelphia (Large)	10kg
Cream Cheese Philadelphia	1.65kg
Yoghurts	
Assorted French Fruit Yogurts * Tray (Glass)	24 x 125gr
Greek Yogurt	5kg
Greek Yogurt Pots	500gr
Mixed Fruit Yoghurts Thick & Creamy	20 x 150gr
Muller Corner Yoghurt Pots	12 x 150gr
Muller Light Mix Tray Yoghurts	12 x 175gr
Muller Light Yoghurt	12 x 125gr
Muller Mix Fruit Yoghurts	12 x 110gr
Natural Yoghurt	1 Gallon (5ltr)
Natural Yoghurt Pot	400gr
Natural Yoghurt Pots	12 x 125gr
Butter	
Butter – Salted (English)	40 x 250gr
Butter – Unsalted (English)	40 x 250gr
Butter - Salted/Unsalted (English)	250gr
Butter - Unsalted (French)	40 x 250gr
Butter Portions (Size 7)	5 x 100
Margarine	2kg

Kerrymaid Buttery Spread.	6 x 2kg
Flora Margarine Portions	100 x 10gr
Meadow Churn Catering Lard	20 x 250gr

Cheeses (Italian)

Buffalo Mozzarella	8 x 125gr
Burrata Mozzarella	2 x 125gr
Gorgonzola Dolce	kg
Grana Padano (Parmesan)	kg
Grana Padano Cheese Shavings	1kg
Grated Parmesan	1kg
Vegetarian " Parmesan " Style Block	kg
Mascarpone	2kg
Mozzarella Balls	12 x 125gr
Mozzarella Balls	125gr
Mozzarella Block	2.5kg
Mozzarella Bocconcini	1kg
Mozzarella Grated 100%	2kg
Mozzarella Grated 100%	6 x 2kg
Parmigiano Reggiano (Parmesan)	kg
Pecorino Romano	kg
Provolone Piccante (mature)	kg
Ricotta	1.5kg

Cheeses (British)

Blacksticks Blue Cheese	kg
Blue Shropshire	kg
Burger Slices	112 pack
Cashell Blue Cheese	kg
Cheddar – Mature	5kg
Cheddar – Mature Grated	6 x 2kg
Cheddar – Mature Grated	2kg
Cheddar - Mature Sliced	1kg
Cheddar – Mild	5kg
Cheddar – Mild Grated	6 x 2kg
Cheddar – Mild Grated	2kg
Godminster Organic Cheddar	kg
Kidderton Ash	kg
Red Leicester	kg
Rothbury Red	kg
Gouda	kg
Smoked Applewood Cheddar	kg
Stilton Quarters	kg
Blue Stilton Wedges	160gr
Tunworth Cheese	250gr
Wensleydale With Apricots	kg
Wensleydale with Cranberries	kg
Cheddar with Chillies	kg

Other Continental Cheeses

Goats Cheese Bouchette	100gr
Greek Haloumi	200gr
French Camembert	250gr

French Brie	1kg
Sliced Emmental Cheese	1kg
French Goats Logs	1kg
Greek Feta	0.9kg
French Gruyere	kg

We are able source a wide range of cheeses. Please contact us to find out what other cheeses we can source for you.

Eggs

Eggs English (Medium)	x 360 - 30dzn
Eggs English (Medium)	x 180 - 15dzn
Eggs English (Medium)	x 2.5 Dozen
Free Range English Eggs	x 180 - 15dzn
Free Range English Eggs	x 2.5 Dozen
Duck Eggs	x 20
Quails Eggs	x 18
Pasteurised Egg Yolk	x 1ltr
Pasteurised Egg White	x 1ltr

Fresh Bread

Sliced Hovis White Bread (Thick & Medium)	each
Sliced Hovis Wholemeal Bread (Thick & Medium)	each
Sliced Hovis 50/50 Bread (Thick & Medium)	each
Sliced Kingsmill Brown Bread (Thick & Medium)	each
Sliced Kingsmill White Bread (Thick & Medium)	each
French Sticks	each
Harvester French Sticks	each
Large White Bloomers	each
Large Brown Bloomers	each
Farmhouse Bloomers	each
Poppy Seed Bloomer	each
Small Sourdough Bloomer	each
Sundried Bloomers	each
Olive Bloomers	each
Onion Bloomers	each
4" White Baps	each
5" White Baps	each
Cheese Baps	each
Soft Brown Baps	each
Glazed White Bap	each
Soft White Torpedo's (Seeded & Un-Seeded)	each
Crusty White Roll	each
Finger Rolls	each
6" Hot Dog Rolls	each
Crusty White Torpedo Rolls	each
Crusty/Soft Brown Torpedo's	each
Panko Breadcrumbs	1kg
Yeast	1kg

Frozen Bread

White Thaw 'n' Serve Baguettes	30 x 115gr
Brown Harvester Baguettes	30 x 135gr

Ciabatta Stonebaked (Un-Sliced * 120gr.)	1 x 40
Focaccia w. Rosemary	5 x 1kg
Focaccia Romana	24 x 250gr
Brioche Burger Buns	1 x 45
Brioche Loaves	9 x 280gr
5" Floured Baps	48 case
Plain Panini	30 x 135gr
Mini Heritage Bread Selection	105 x 40gr
Crumpets	9 x 8
10" Tortilla Wraps	10 x 10
Extra Thick Sliced White & Brown Bloomers	each
Easy Stretch Dough Balls	80 x 210gr
Frozen Pizza Bases	
Woodfire Bases w. Sauce	16 x 12" case
Deep Rectangle Pizza Bases w.Sauce & Cheese	(15" x 9") * 6 case
Deep Round Pizza Bases (Plain)	10 x 12" case
Thin Pizza Bases	12 x 7" case
Plain Gluten Free Pizza Bases	24 x 10" case
Vegan Pizza Base	20 x 12" case
Frozen Danish Pastries	
Large Royal Danish Selection	24 x 90gr (3 varieties)
All Butter Croissant	70 x 60gr
Cinnamon Swirl Danish	60 x 90gr
Mini Danish Selection	120 x 42 – 43gr (5 varieties)
Pain Au Chocolat	80 x 60gr
Frozen Muffins	
Breakfast Muffins	48 x 4" case
Frozen Banana & Toffee Flavoured Muffins	24 x 125gr
Frozen Blueberry Flavoured Muffins	24 x 125gr
Frozen Double Chocolate Flavoured Muffins	24 x 125gr
Frozen Lemon & Poppyseed Flavoured Muffins	24 x 125gr
Frozen Raspberry & White Chocolate Flavoured Muffins	24 x 125gr
Frozen Pastry	
Frozen Maitre Andre Puff Pastry Roll (330x40x0.25cm)	4.25kg
Frozen Puff Pastry Blocks	4 x 1.5kg
Frozen Shortcrust Pastry Blocks	4 x 1.5kg
Frozen Shortcrust/Puff Pastry Blocks	1.5kg
Frozen Filo Pastry	500gr
Sliced Meats	
Cooked Sliced Pastrami w.Pepper	500gr
Sliced 100% Beef	500gr
Sliced Cooked Ham	1kg
Sliced Fresh Roast Cooked Chicken	500gr
Sliced Turkey Breast	500gr
Italian Cured Meats (Whole)	
Italian Rostello Ham (w. herbs)	kg
Prosciutto Di Parma	kg
Prosciutto Mec	kg

Prosciutto San Daniele	kg
Salami Napoli	kg
Salami Milano	kg
Coppa Di Parma	kg
Pancetta Affumicata	kg
Smoked Pancetta Lardons	500gr
Spinata Romana	kg
Mortadella	kg
Bresaola Punta D'anca	kg
Italian Cured Meats (Sliced)	
Sliced Prosciutto Crudo (Veroni)	6 x 250gr
Sliced Prosciutto Crudo (Veroni)	250gr
Sliced Genuine Parma Ham	250gr
Sliced Mortadella	250gr
Sliced Salami Milano	250gr
Sliced Salami Napoli	250gr
Sliced Antipasti Mix	120gr
Sliced Bresaola	70gr
Sliced Fresh Pepperoni	2kg
Spanish Cured Meats (Whole & Sliced)	
Sliced Serrano Ham	12 x 80gr
Sliced Serrano Ham	80gr
Spanish Tapas Selection	12 x 150gr
Spanish Tapas Selection	150gr
Chorizo Rings (spicy)	200gr
Sliced Chorizo (extra hot)	12 x 300gr
Sliced Chorizo (extra hot)	300gr
Chorizo Stick (extra hot)	kg
Frozen Meats	
Back Bacon	4 x 2.275kg
Back Bacon	2.275kg
Beef-Burgers x 100%	48's
Jumbo Pork Sausages x 4's	4.5kg
Cumberland Sausages x 8's	4.5kg
Cooked Chicken Strips	5kg
Fish	
Tuna Chunks in Brine	6 x 2kg
Frozen Fish	
Clams	1kg
Spanish Mussels	1kg
Mixed Seafood	1kg
Prawns Cooked	2kg
Squid Tubes Cleaned	1kg
Frozen S/less - B/less 200/230gr Cod Fillets	18 x 230gr
Salmon Supreme S + B Portions 120gr	10kg
Frozen Vegetables	
Frozen Baby Onions	1kg
Frozen Broad Beans	1kg

Frozen Button Sprouts	1 kg
Frozen Cepes	1 kg
Frozen Corn-Cobs (twin pack)	400gr
Frozen French Fries	4 x 2.5kg
Frozen Girolles	1 kg
Frozen Hash Browns	4 x 2.5kg
Frozen Peas	907gr
Frozen Petit Pois	1 kg
Frozen Soya Beans	10kg
Frozen Soya Beans	1 kg
Frozen Spinach Block	2.5kg
Frozen Steakhouse Chips	4 x 2.5kg
Frozen Sweetcorn	1 kg

Frozen Fruits

Frozen Apple Segments	1 kg
Frozen Blackberries	1 kg
Frozen Blackcurrents	1 kg
Frozen Blueberries	1 kg
Frozen Cranberries	1 kg
Frozen Cherries	2.5kg
Frozen Diced Mango	2.5kg
Frozen Raspberries	1 kg
Frozen Redcurrents	1 kg
Frozen Strawberries	1 kg
Frozen Summer Fruits	1 kg

Boiron Fruit Coulis/Purees

Assorted Varieties - please ask for available options	1 kg
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Chilled

Dutch Par Fried Chips	10kg
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Oils & Dressings

Balsamic Vinegar (Italian - modena)	500ml
Balsamic Vinegar Glaze	500ml
Monini Extra Virgin Olive Oil	3ltr
Farrington Cold Press Rapeseed Oil	5ltr PET
Farrington Rapeseed Oil Mayonnaise	6 x 240gr
Farrington's Balsamic Vinegar Dressing	6 x 250ml
Farrington's Classic Vinaigrette Dressing	6 x 250ml
Farrington's Honey Mustard Dressing	6 x 250ml
Fresh Green Pesto	1 kg
Fresh Red Pesto	1 kg
KTC Vegetable Oil	20ltr
Merchant Gourmet Extra Virgin Olive Oil infused with Lemon/Basil/Garlic/Chillies	500ml
Monini Extra Virgin Olive Oil	6 x 500ml
Monini Extra Virgin Olive Oil	6 x 1ltr
Monini Extra Virgin Olive Oil	1ltr
Pomace Olive Oil (Italian)	5ltr
Red/White Wine Vinegar	1ltr

Red/White Wine Vinegar	5ltr
Sauces/Dips/Jams	
Tracklements Chillie Jam	1.4kg
Fresh Houmous	1kg PET
Fresh Tzatziki	1kg PET
Margetts Cranberry Sauce	2.5kg
Margetts Raspberry Jam PET	3kg
Margetts Redcurrant Jelly	2.5kg
Margetts Strawberry Jam PET	3kg
Ex. Light Mayonaise	5ltr
Thick & Creamy Mayonaise	5ltr
Hellmans Real Mayonaise	10ltr
Thick & Creamy Mayonaise	10ltr
Dijon Mustard	2kg
Schwartz English Mustard	2.3kg
Wholegrain Mustard	2kg
Catering Tomato Ketchup	4ltr
Heinz Tomato Ketchup	2.15Ltr
Devon Style Brown Sauce	4ltr
American Smokey BBQ Sauce	2.27ltr PET
Lion Brand Mint Sauce	2.27kg PET
Schwartz Horseradish Sauce	2.27Ltr
Original Branston Pickle	2.55kg PET
Sweet Chilli Dipping Sauce	1ltr
Chutneys	
Bramley Apple & Real Ale Chutney	2.5kg PET
Tomato Chutney	2.25kg PET
Pear Chutney Spiced	2.5kg PET
LL Fig & Balsamic Chutney	1kg PET
Caramelised Onion Chutney	2.5kg PET
Marinated Vegetables & Antipasti	
Anchovy Fillets in Oil	365gr
Buongusto Onions in Balsamic Vinegar	3kg
Cornichons	2.45kg
Crespo Capers - Capotes	2.38kg
Crespo Capers - Fine	2.38kg
Gerkins	2.45kg
Green Peppercorns in Brine	1kg
Grilled Artichoke Qtrs. in Oil	2kg
Roasted Red Peppers (tinned)	2.5kg
Stuffed Baby Bell Peppers w. Cheese	1kg
Sun-Blush Tomatoes	2.35kg PET
Sun-Dried Tomatoes	2.9kg
Olives	
Pitted Black/Green Olives	3kg
Pathos Flavoured Green Olives stuffed with Garlic	3.2kg drum
Pathos Flavoured Green Olives stuffed with Feta Cheese	3.2kg drum
Pathos Flavoured Mixed Olives in Oil	3.2kg drum

Tomatoes & Pulses

Italian Plum Tomatoes	6 x 2.5kg
Italian Chopped Tomatoes	6 x 2.5kg
Italian Plum/Chopped Tomatoes	2.5kg tin
Tomato Puree	12 x 800gr case
Tomato Puree	800gr tin
Mutti Smooth Passata	500gr

Salt

Schwartz Sea Salt Crystals	820gr
Table Salt	6kg
Maldon Sea Salt	1.5kg

Sugar/Sweeteners

Billington's Dark Muscovado Sugar	3kg
Caster Sugar	2kg
Caster Sugar	25kg
Demerara Sugar	3kg
Glucose Syrup	1kg
Granulated Sugar	2kg
Granulated Sugar	10kg
Resealable Icing Sugar	2.5kg
Soft Dark/Light Brown Sugar	3kg
Clarks Clear Blossom Honey	3kg PET
Tate & Lyle Sugar Cubes (White & Brown)	1kg

Chocolate

De Zaan 54% Dark Chocolate Callets	x 5kg
De Zaan 72% Dark Chocolate Callets	x 5kg
De Zaan 35% Milk Chocolate Callets	x 5kg
De Zaan 30% White Chocolate Callets	x 5kg
Extra Brute Cocoa Powder	x 1kg

Flour

Allinson Plain Flour	x 16kg Bag
Allinson Plain Flour	x 1.5kg Bag
Allinson Self Raising Flour	x 16kg Bag
Allinson Self Raising Flour	x 1.5kg Bag
Italian "00" Pizza/Bread Flour	x 25kg Bag
Polenta	x 500gr Bag
Cornflour	3.5kg
Cornflour	500gr

Nuts

Almonds Flaked	1kg
Almonds Ground	1kg
Almonds Shelled	1kg
Cashew Nuts	1kg
Pecan Nut Halves	1kg
Pine Nuts	1kg
Pistachio Nuts Raw	1kg
Vac Pak Cooked Chestnuts	180gr

Walnut Halves (shelled)	1kg
Whole Hazelnuts Peeled & Blanched	1kg

Dried Fruit

Apricots	3kg
Cranberries	1kg
Cut Mixed Peel	1kg
Dried Currants	3kg
Dates Pitted	3kg
Dried Figs	1kg
Golden Raisins	1kg
P/P Pitted Dates	200gr
Prunes Pitted	3kg
Raisins	3kg
Sultanas	3kg

Tinned & Marinated Fruit

Brover Griottes Cherries in Syrup	1ltr
Opies Pickled Walnuts	380gr
Noels Stem Ginger in Syrup	1.8kg

Baking Aids

Noels Bicarbonate of Soda	900gr
Noels Arrowroot	400gr
Baking Powder	800gr
Bronze Leaf Gelatine	1kg

Pasta/Rice/Lentils

Arborio Risotto Rice	1kg
Carpi Carnaroli Rice	1kg
Basmati Rice	5kg
Easy Cook Long Grain Rice	5kg
Pudding Rice	3kg
Pasta Gnocchi Di Patate	6kg
De Cecco Casareccia	24 x 500gr
De Cecco Orecchiette	24 x 500gr
De Cecco Farfalle	24 x 500gr
De Cecco Penne Rigate	24 x 500gr
De Cecco Pappardelle	12 x 250gr
De Cecco Tagliatelle	12 x 250gr
De Cecco Tortiglioni	24 x 500gr
De Cecco Wholemeal Linguine	12 x 500gr
De Cecco Wholemeal Spaghetti	12 x 500gr
Mara Penne Rigate	20 x 500gr
Mara Spirali Grandi (fusilli)	20 x 500gr
Granoro Spaghetti	24 x 500gr
Granoro Linguine	24 x 500gr
Pezzullo Lasagna Sheets	12 x 500gr
Couscous	1kg
Puy Lentils	500gr

Cooking Wine & Spirits

Red Cooking Wine	3ltr
White Cooking Wine	3ltr
Madeira	2ltr
Fortified Cooking Port	3ltr
Brandy	2ltr
Cider	5ltr
Fortified 21% Cooking Sherry	3ltr

Tinned Beans/Peas

Baked Beans	6 x 3kg
Borlotti Beans	24 x 400gr
Butter Beans	24 x 400gr
Cannellini Beans	24 x 400gr
Chick Peas	24 x 400gr
Cannellini/Borlotti/Red Kidney/Butter/Chick	400gr tin
Red Kidney Beans	24 x 400gr

Boullion Paste/Puree's

Chicken/Beef Bouillon	1kg
Vegetable Bouillon	1kg
Porcini Bouillon	1kg
Garlic Puree	1kg

Jus/Gravy/Fat

Cooks & Co Duck Fat	1.2kg
Cooks & Co Goose Fat	1.2kg
Essential Cuisine Beef Jus	1kg
Essential Cuisine Veal Jus	1kg
Number 1 Beef Gravy	1.5kg

Spices & Herbs Range

Bay Leaves Whole	27gr
Black Peppercorns	460gr
Bouquet Garni Sachet	35gr
Cajun Seasoning	550gr
Caraway Seeds	420gr
Cayenne Pepper	390gr
Chilli Powder	400gr
Chinese Five Spice	325gr
Cinnamon Ground	390gr
Cinnamon Sticks	180gr
Cloves Whole	285gr
Coriander Ground	320gr
Cracked Black Pepper	450gr PET
Crushed Chillies	260gr
Curry Madras Mild	400gr
Dried Oregano	150gr
Dry Mixed Herbs	100gr
Fajita Seasoning	530gr
Fennel Seeds	330gr

Garlic Granules	620gr
Garlic Powder	520gr
Ginger Ground	310gr
Ground All Spice	1kg
Ground Black Pepper	400gr
Ground Cumin	400gr
Ground Nutmeg	435gr
Ground Paprika	425gr
Ground Tumeric	550gr
Harrisa Paste	760gr
Italian Seasoning	190gr
Piri Piri Seasoning	320gr
Poppy Seeds	500gr
Pumpkin Seeds	430gr
Season All	840gr
Sesame Seeds	590gr
Smoky Texan Seasoning	340gr
Star Anise	100gr
Sunflower Seeds	1kg
Vanilla Pods	4 pack

Oriental

Coconut Milk	400gr
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Coffee & Biscotti

La Genovese Italian Coffee Beans, Qualita Coloniale	6 x 1kg
La Genovese Italian Coffee Beans, Qualita Orientale	6 x 1kg
Cantucini Single Wrapped Biscuits	3kg Case

***We also stock a wide range of accompanying La Genovese branded bar accessories.
Please call for details and prices.***

Water

Princes Still Spring Water	24 x 500ml Plastic Bottle
Radnor Hills Mineral Water Sparkling	12 x 750ml Glass Bottle
Radnor Hills Mineral Water Still	12 x 750ml Glass Bottle

Juices

Sun Magic Orange/Apple/Pineapple/Cranberry	12 x 1ltr
Freshly Squeezed Grapefruit Juice	2ltr
Freshly Squeezed Johnsons Apple Juice	2ltr
Freshly Squeezed Johnsons Lemon Juice	1ltr
Freshly Squeezed Johnsons Lime Juice	1ltr
Freshly Squeezed Johnsons Orange Juice	2ltr
Fresh Beetroot/Carrot Juice	2ltr

Fruits

Apples - Braeburn	x 150'S
Apples - Bramley	x 13.6Kg
Apples - Pink Lady	x 135's
Apples - Golden Delicious	x 18kg
Apples - Granny Smith	x 13kg
Apples - Red Delicious	x 13kg
Apples - Royal Gala	x 18kg
Avocadoes	x 20 Case
Bananas	x 18kg
Blackberries	x 12 Punnets

Blackcurrants	x 12 Punnets
Blueberries	x 12 Punnets
Clementines	x 96
Dates (Fresh)	x 5kg Case
Figs (Brazilian)	x 24
Grapefruit (Pink)	x 48
Grapefruit (Yellow)	x 40
Grapes - Black Seedless	x 5kg
Grapes - White Seedless	x 5kg
Kiwi's	x 36
Kumquats	x 2kg
Lemons	x 125
Limes	x 54
Mangoes (Ripe RTE)	x 9
Melon - Canteloupe	x 12
Melon - Galia	x 10
Melon - Honeydew	x 12
Melon - Watermelon	x 6
Nectarines	x 26
Oranges Large	x 70s
Oranges Juicing Small	x 88
Passion Fruits	x 30
Paw Paw (Papaya)	x 10
Peaches	x 24
Comice Belgian Pear	x 8kg
Pears - Conference	x 12kg
Physallis	x 12 Punnets
Pineapple Ex. Sweet	x 9
Plums	x 5kg
Raspberries	x 8 Punnets
Redcurrants	x 12 Punnets
Starfruits	x 24
Strawberries	x 10 x 400gr

Herbs

Basil	Pack
Basil (Loose)	1Kg
Basil Purple	Pack
Bay Leaf	Bunch (Lrg)
Borage	Pack
Bouquet Garni	Bunch
Chervil	Pack
Chives	Pack
Chives (Loose)	1kg
Coriander	Bunch (Lrg)
Dill	Pack
Ivy Leaves	Bunch (Lrg)
Lemon Balm	Pack
Lemon Thyme	Pack
Lemongrass	Bunch
Marjoram	Pack
Mint	Pack
Oregano	Pack
Parsley - Flat	Bunch (Lrg)
Parsley - Curly	Bunch (Lrg)
Rosemary	Pack
Sage	Pack

Sorrel	Pack
Summer Savory	Pack
Tarragon	Pack
Thyme	Pack
Vine Leaf	Pack
Baby Vegetables	
Beetroot	x 10 Bunch
Carrots	x 12 Bunch
Carrots (Orange)	x 6 pack
Carrots (Heritage)	x 6 pack
Courgettes	x 6 Pack
Fennel	x 5 Bunch
Leeks	x 10 Bunch
Leeks	x 6 pack
Squash (Y'low & Grn')	x 6 Pack
Turnips	x 10 Bunch
Salads	
Beansprouts	x 4kg
Beetroot - Cooked	x 18 Packs
Beetroot Sprouts	x 8 Punnets
Celery	x 16
White Chicory - Dutch	x 5kg
Red Chicory - Dutch	x 5kg
Chinese Leaf (Lrg)	x 8 Heads
Corn Salad (French)	x 8 Punnet
Cucumbers	x 14
Coss Lettuce	x 10
Curly Endive	x 10
Fennel	x 5kg
Iceberg Lettuce	x 12
Little Gems * 2's	x 10
Lollo Rosso	x 12
Lollo Biondo	x 12
Micro Cress (Assorted)	x 12
Mixed Salad (Loose)	x 12
Mixed Salad Bags	x 500gr Bag
Mizuna (French)	x 1kg
Mustard Cress	x 16
Oakleaf	x 12
Pac-Choi (Med English)	x 5kg
Living Pea Shoot Cress	x Box
Peppers - Green	x 5kg
Peppers - Red	x 5kg
Peppers - Yellow	x 5kg
Peppers - Mixed	x 5kg
Radicchio	x 9
Radish (Packets)	x 20
Red Chard (2*500gr)	x 1kg
Round Lettuce	x 12
Sakura Mix	x 18 Punnet
Spring Onions	x 12
Tomatoes	x 6kg
Tomatoes - Beef	x 7kg
Tomatoes - Cherry Red	x 9 x 250gr
Tomatoes - Cherry Yellow	x 9 x 250gr
Tomatoes - Cherry Vine	x 3kg

Tomatoes - Plum Vine	x 5kg
Tomatoes - Plum Baby Vine	x 3kg
Tomatoes - Vine	x 5kg
Watercress (English Iced)	x 20 Bunch
Watercress	x 12's
Wild Rocket (2*500gr)	x 1kg
Wild Rocket (Italian)	x 1kg

Vegetables

Artichokes - Globe	x 12
Artichokes - Jerusalem	x 5kg
Asparagus - Foreign	x 5kg
Asparagus - English	x 12 x 450gr
Aubergine	x 5kg
Aubergine (Italian Violetta)	x 4kg
Baby Corn	x 12 Pack
Beans Fine	x 1.5kg
Beans Fine (Top & Tailed)	x 10 x 150gr
Beetroot Raw	x 10kg
Broad Beans - Fresh	x 4kg
Brussels Sprouts	x 10kg
Butternut Squash	x 10kg
Cabbage - White	x 25kg
Cabbage - Tundra	x 8
Cabbage - Red	x 25kg
Cabbage - Savoy	x 8
Cabbage - Hispy	x 8
Calabrese	x 4.5kg
Carrots	x 10 Kg
Carrots - Chantenay	x 5kg
Carrots - Tri Colour Chantenay	x 5kg
Cauliflowers	x 8
Celeriac Large	x 10kg
Chillies - Green	x 3kg
Chillies - Red	x 3kg
Corn Cobs	x 12 x 2
Courgettes	x 5kg
Courgettes Yellow	x 5kg
Garlic Strings	x 10
Garlic Loose	x 4kg
Black Garlic - Peeled	x 50gr
Ginger	x 12kg
Leeks	x 5kg
Mangetout	x 1.5kg
Marrows	x 10
Mooli	x 10kg
Mushrooms - Button	x 2.5kg
Mushrooms - Cup	x 2.5kg
Mushrooms - Chantorelle	x 3kg
Mushrooms - Chestnut	x 3kg
Mushrooms - Flat	x 1.8kg
Mushrooms - Giant	x 2kg
Mushrooms - Girolles	x kg
Mushrooms - Oyster	x 1.5kg
Mushrooms - Porcini (Fresh)	x 3kg
Mushrooms - Portabello	x 1.8kg
Mushrooms - Shi'take	x 1.5kg

Mushrooms - Wild (Cultivated)	x 2 x 500gr
Mushrooms - Wild (French)	x 1kg
Onions - English 80/100	x 20kg
Onions - Spanish (Size 2)	x 20kg
Onions - Red 20/100	x 10kg
Onions - Shallots (Round)	x 4kg
Onions - Shallots (Banana)	x 4kg
Onions - Baby (French)	x 5kg
Onions - White (Italian)	x 10kg
Peas in Pod - Fresh	x 4kg
Potatoes - Bakers * 60	x 15kg
Potatoes - Bakers * 50	x 15kg
Potatoes - Bakers * 40	x 15kg
Potatoes - New (Mids)	x 10kg
Potatoes - New (Baby Roast)	x 10kg
Potatoes - White Washed	x 25kg
Potatoes - Maris Piper	x 25kg
Potatoes - Red Koffman	x 25kg
Potatoes - New Season Spanish	x 25kg
Potatoes - Lovers	x 20kg
Potatoes - Sweet	x 6kg
Parsnips	x 5kg
Piccolo Parsnips	x 4kg
Pumpkins (Beds. XL)	Each
Spinach - Baby (Pre Packed)	x 10 x 200gr
Spinach - Baby (Loose)	x 1kg
Spinach - Large Leaf (French)	x 5kg
Sugar Snap Peas	x 1.5kg
Swede (UK)	x 12.5kg
Turnips	x 5kg

Prepared Produce

Beetroot Juice	x 2 Litre
Beetroot - Parmentiere	x 5kg
Butternut Squah - Whole	x 5kg
Butternut Squah - Parmentiere Cut 20ml	x 5kg
Dutch Baby Brussel Sprouts	x 5kg
Cabbage Green - Shredded (Loose)	x 5kg
Cabbage Savoy - Shredded (Loose)	x 5kg
Cabbage White - Shredded (Loose)	x 5kg
Cabbage Red - Shredded (Loose)	x 5kg
Carrots - Diced	x 5kg
Carrots - Baton	x 5kg
Carrots - Grated	x 5kg
Carrots - Sliced	x 5kg
Carrots - Whole	x 5kg
Carrots - Parmentiere H/C 20ml	x 5kg
Carrots - Turned (30gr.)	x 5kg
Chips - H/C Jenga	x kg
Chips (Lords, 14ml A - Grade)	x 10kg
Coleslaw Mix with or without Onion (Loose)	x 5kg
Coleslaw Mix with Red Onion (Loose)	x 5kg
Fresh Mix Apple Balls	x 3kg
Fresh Fruit Salad (Standard Tub)	x 3kg
Fresh Fruit Salad (Standard Tub with Orange Juice)	x 2kg
Fresh Fruit Salad (Exotic Tub with Orange Juice)	x 3kg
Fresh Mix Melon Balls	x 3kg

Garlic Peeled	x 1kg
Ginger - Peeled	x 1kg
Grapefruit Segments (Tub - White)	x 3kg
Grapefruit Segments (Tub - Pink)	x 3kg
Leeks - Sliced 10ml	x 5kg
Mixed Vegetables - Diced Small	x 5kg
Mixed Root Vegetables - Parmentiere H/C 20ml	x 5kg
Minestrone Mix	x 5kg
Mooli - Batten	x 5kg
Onions - Sliced	x 5kg
Onions - Diced	x 5kg
Onions - Whole	x 5kg
Onions - Shallots	x 1kg
Onions Red - Whole	x 5kg
Onions Red - Sliced	x 5kg
Orange Segments	x 3kg
Parsnips - Whole	x 5kg
Parsnips - Batten H/C	x 5kg
Parsnips - Parmentiere H/C 20ml	x 5kg
Parsnips - Qtr. Cut	x 5kg
Peppers (Mixed) - Sliced H/C	x 5kg
Potatoes - Whole Peeled	x 5kg
Potatoes - Whole Peeled In Water	x 5kg
Potatoes - Whole Maris Piper	x 5kg
Potatoes - Whole Maris Piper In Water	x 5kg
Potatoes - Diced Small M/C	x 5kg
Potatoes - New (Mids)	x 5kg
Potatoes - Parmentiere H/C 20ml	x 5kg
Potatoes - Sliced	x 5kg
Potatoes - Sliced * 10ml	x 5kg
Potatoes - Qtr. Cut	x 5kg
Potatoes - Medium Fondant (Individual H/C)	Each
Potatoes - Large Fondant (Individual H/C)	Each
Potatoes - Turned	x 5kg
Potatoes - Pomme Chateaux	x 5kg
Potatoes - Pomme Parisienne	x 5kg
Potatoes - Pomme Cocotte 35 - 45gr	x 5kg
Potatoes - Red	x 5kg
Stew Pack - Large Cut	x 5kg
Stir Fry - Standard	x 5kg
Stir Fry - Oriental	x 5kg
Sweet Potatoes - Whole Peeled	x 5kg
Sweet Potatoes - Parmentiere	x 5kg
Swede - Batten	x 5kg
Swede - Diced	x 5kg
Swede - Parmentiere H/C 20ml	x 5kg
Swede - Whole	x 5kg
Turnips - Whole	x 5kg
Turnips - Batten	x 5kg
Turnips - Diced	x 5kg
Turnips - Parmentiere 20ml H/C	x 5kg

Please note that this is not a full product list. We offer an extensive range of fruits, vegetables and other goods. If you would like to find out our prices then please contact us on 01234 262880 or by email at info@ab-fruits.com.